



ST.THERESE'S SCHOOL PADRAUNA

THERESIAN VOICE

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E-MAGAZINE



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VOLUME - I

FROM THE PRINCIPAL....



*Dear Students, Teachers, Parents, and well-wishers,
Greetings!*

As we come together to celebrate the achievements and milestones of our beloved institution, St. Therese's School, Padrauna, it fills my heart with immense pride and joy. "Theresian Voice" serves as a testament to the dedication, hard work, and collaborative spirit that define our school community.

This year has been a remarkable journey of growth and learning. The pages of this magazine reflect the vibrant and dynamic spirit of our School, capturing moments of triumph, creativity, and camaraderie. I extend my heartfelt gratitude to our esteemed faculty, whose relentless efforts and innovative teaching methods have nurtured and guided our students towards excellence. Your passion for education and dedication to the holistic development of each student is truly commendable.

To our dear students, you are the heart and soul of this institution. Your enthusiasm, curiosity, and zeal for learning inspire us every day. Continue to dream big, strive for excellence, and embrace the values of compassion, integrity, and perseverance that our school stands for. I would like to express my sincere appreciation to the parents and guardians for their unwavering support and trust in us. Your involvement and encouragement play a pivotal role in the success of our students and the school at large.

As we turn the pages of "Theresian Voice", let us celebrate the achievements of the past year and look forward to the future with hope and optimism. May we continue to work together, fostering an environment of learning, growth, and mutual respect.

Thank you for being an integral part of our Theresian family. Let us move forward with vigor and a shared vision for a brighter tomorrow.

With warm regards,

Fr. Tobin Baby

Principal

St. Therese's School, Padrauna

EDITORIAL



Dear Readers,

Welcome to Theresian Voice! We are thrilled to introduce Theresian voice, the official e-magazine of our school. This monthly e-magazine will emphasize the vibrant spirit and diverse talents of our Student community.

Through engaging articles, creative pieces of art, Theresian Voice aims to provide a platform for students to express their thoughts, showcase their achievements, and share their experiences. Each volume will feature a range of topics including academic insights, sports, highlights, cultural events, and special projects.

This initiative aims to give students to express their insights to others as the Theresian Family innovate and inspire. We believe in the power of student voices and are committed to fostering a sense of community and collaboration through our magazine.

I am immensely grateful to Rev.Fr.Tobin, Principle, for his admirable initiative and to the editorial team, teachers and students for their cooperation . Kindly enjoy your journey through the enchanting world of words, images and ideas.

SAJIMON.CT

Sub-editor.

THE IMPORTANCE OF MORAL VALUES: BUILDING A STRONGER SOCIETY

Moral values are the guiding principles that help individuals distinguish between right and wrong, good and bad. These values shape our behavior and decision-making, playing an essential role in both personal development and the functioning of society. In an ever-changing world, where new challenges and dilemmas constantly emerge, the importance of moral values remains as vital as ever. This article will explore why moral values are important, their role in our daily lives, and their impact on the community.

What Are Moral Values?

Moral values are the set of beliefs that help individuals understand how to act ethically. These values are influenced by family, culture, religion, and society. Common moral values include honesty, kindness, responsibility, fairness, respect, and empathy. These values guide us in making decisions, ensuring that we act in ways that are considered good or right by society's standards.

For example, honesty encourages us to tell the truth and avoid deceit, building trust with others. Kindness promotes helping others and being considerate, which strengthens relationships. Integrity ensures that we are consistent in our actions and values, even when no one is watching. Respect for others helps maintain peaceful interactions, while empathy enables us to understand and care for the feelings of others. All these values contribute to a strong moral foundation, both for individuals and for society as a whole.

The Importance of Moral Values in Personal Life

Moral values are essential in guiding how we live our lives and interact with others. They shape our character and help us develop integrity, trustworthiness, and compassion. When individuals live by strong moral values, they make decisions that align with what is considered right, even when faced with difficult choices.



One of the most important benefits of living by moral values is that it promotes inner peace and fulfillment. A person who values honesty, for example, can live without guilt, knowing they are truthful in their words and actions. Similarly, an individual who values responsibility will be more reliable, whether at school, at work, or in personal relationships. This leads to self-respect and a sense of accomplishment.

Moral values also strengthen relationships. Trust, respect, and empathy are essential in any healthy relationship, whether with family, friends, or colleagues. When individuals practice these values, they build stronger, more meaningful connections with those around them. On the other hand, a lack of moral values can lead to conflict, misunderstandings, and broken relationships.

Living by moral values also helps individuals navigate modern challenges. In a world filled with distractions and external pressures, people who stay true to their beliefs are more likely to make ethical choices. They are less likely to be swayed by peer pressure or influenced by trends that promote dishonesty or selfishness.

The Role of Moral Values in Society

Moral values are not just important for individuals; they are also crucial for the smooth functioning of society. A community based on shared ethical values is more likely to be peaceful, just, and cooperative. When individuals adhere to these values, they help create a society where people respect one another, work together, and support each other.

One of the key roles of moral values in society is ensuring fairness and justice. Values such as equality and respect for others help create laws and systems that protect individuals from harm or discrimination. For example, the principle of fairness ensures that people have equal access to opportunities, regardless of their background. Similarly, empathy and kindness encourage people to support those who are less fortunate or in need of help, promoting social solidarity.

Moral values also play a critical role in maintaining social harmony. In diverse societies, where people come from various backgrounds, cultures, and beliefs, it is essential to foster respect and tolerance. Moral values like respect for differences and understanding of others' perspectives enable people to live together peacefully, despite their differences. These values are particularly important in multicultural societies, where cooperation and mutual respect are key to avoiding conflict.



Moreover, moral values strengthen the sense of community. When individuals practice values like kindness, cooperation, and generosity, they contribute to a collective spirit where people look out for one another. This sense of community is especially important in times of crisis, such as during natural disasters or public health emergencies, when people need to support each other in difficult circumstances.

The Challenges of Upholding Moral Values

While moral values are vital, maintaining them in today's fast-paced, complex world can be challenging. Modern society often presents situations where ethical choices are not always clear-cut, and the temptation to act in self-interest can be strong. The rise of technology and social media, for instance, has created new challenges for ethical behavior. Misinformation and online manipulation can easily undermine honesty, while social media platforms often glorify materialism and self-centered behavior.

In addition, the pressures of modern life—such as the demands of work, education, and social expectations—can lead people to compromise their moral values. The increasing focus on individual success and material wealth can overshadow values like kindness, empathy, and fairness, encouraging people to prioritize their own interests over the well-being of others.

Furthermore, the decline of traditional family structures and the weakening influence of religious or community institutions can lead to a decrease in the reinforcement of moral values. In such cases, individuals may struggle to develop a strong sense of ethical responsibility or face difficulties in making morally sound decisions.

Conclusion

Moral values are essential for personal growth and for maintaining a well-functioning society. They provide individuals with the guidance needed to make ethical decisions, build strong relationships, and contribute to the common good. In society, moral values help ensure fairness, justice, and harmony, creating a community where people treat one another with respect and kindness.

In today's world, where distractions and pressures are abundant, it is more important than ever to hold firm to these values. By upholding moral values, individuals not only improve their own lives but also contribute to the well-being of others, helping to build a society that is compassionate, just, and ethical. As we continue to face new challenges, the role of moral values will remain a critical foundation for personal integrity and societal harmony.

KID'S DAY

The biggest event of the month was the grand celebration of the kid's day. The gracious presence of Mar. Mathew Nellikunnel CST, Bishop of Gorakhpur diocese, Juhi Rai IFS, FR.Siby, secretary of the Society blessed this occasion. The blooming stars of St Teresa School elevated the hearts of the audience to the realm of ecstasy.





THERESE, A HEARTSTRING

Within your arms, I found my place,
A haven of warmth, a tender embrace.
Each wall, a keeper of stories untold,
Of laughter, of tears, of dreams turned bold.
Your mornings kissed me with golden light,
Chasing my fears, making shadows bright.
"To know, to love, to serve" you taught,
Lessons of life that can't be bought.
Teachers' voices, a melody divine,
Sculpting my soul, line by line.
You taught me to live, to love, to strive,
St. Therese, you made my spirit alive.
Now as I wander, your lessons remain,
A heartbeat within, a sweet refrain.



ANANTIKA SINGH

Class XII A

THE UNEXPECTED ENCOUNTER



The city noise gradually faded away as I stepped into the dark alley. The street lamps flickered, and the atmosphere felt heavy, filled with voidness.

28th December 2024—a day I still remember so vividly. The day began like any other, but on my way back home, I saw something that still awakens me in the middle of the night.

In my five years of routine, I had never taken this route home. But today, I was in a rush.

The path was exceptionally quiet. The buzz of insects filled the air, and the mist held some kind of strange intoxicating heaviness.

Memories of Aunt Sheetal's warning flashed through my mind:

"That dark, abandoned alley? Beta, it's haunted. Weird noises are heard from there after 9 p.m. Don't ever choose that route to come back home."

Her words echoed as I instinctively glanced at my wrist.

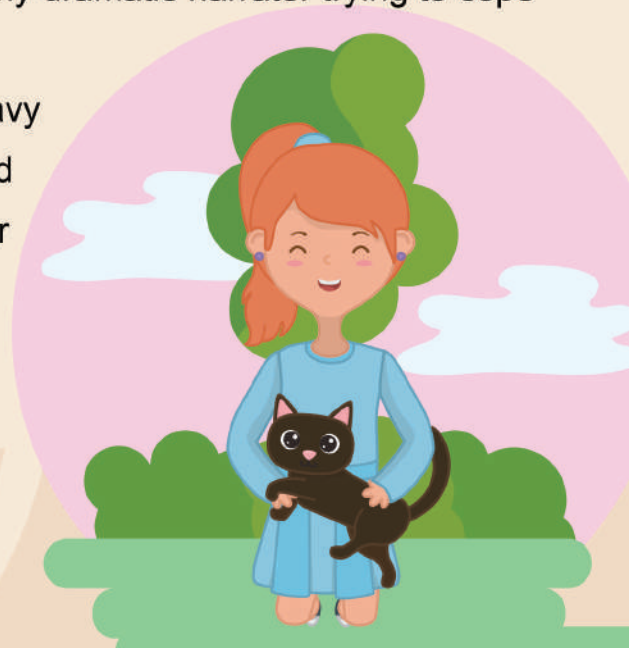
10:15 p.m. flashed on my smartwatch.

"Mummy, Papa, I love you. Thank you for all your love and support. Kavya, Yogi—you guys are blessed to have a friend like me. Bless me, oh Lord heaven above," I whispered to myself.

Yeah, yeah, I know what you're thinking: What? Is this the protagonist?

Well, to disappoint you, yes! this is me—your overly dramatic narrator trying to cope with fear.

I could feel goosebumps all over my body. My heavy breaths and the click-clack of my footsteps echoed loudly in the silence. The silence was too much for me to handle, so I started singing:



"I know you love me, I know you care.
You shout whenever, and I'll be there.
You are my love, you are my heart, and we'll..."
Just then, I heard a faint noise:
krrr... krrr... krrr.

With every krrr, I felt my soul leaving my body. My end was near.

"Aunty Sheetal, I will take your words seriously from now on!"

I broke into a cold sweat, my body went numb, and I did what every Indian would do—I changed my song to:

"Jai Hanuman gyan gun sagar, jai kapis tihun log ujagar..."

Boom! A dustbin nearby fell.

"The gh-gh-ghost is angry?!"

Gathering all my courage, I went to check.

I know, I know—I'm exactly the type of character who would die first in a horror movie.

But try to understand: curiosity is what keeps me alive... and what might soon lead to my untimely death.

At least my death would be interesting and mysterious, unlike others.

As I leaned in to check, I saw two fierce, yellow, shining eyes staring back at me. Nothing else—just those glowing eyes.

"Lord... wrong decision. RUN!"

But then:

"Meow... meow."

I froze. It was a black cat.

To this day, I'm reminded of that night—the night when fear, curiosity, and a black cat taught me to always expect the unexpected.

And yes, I am not wrong when I say it (the cat) wakes me in the middle of the night.



CHRISTMAS CELEBRATION

CHRISTMAS CELEBRATION

"Peace on earth will come to stay
When we leave Christmas everyday"

The celebration of the day began with the blind of cultural events. In the sweet earthy scent of snow of December, with the Christmas tree and sweets, we prepared our souls to celebrate the birth of Jesus.



THE SPIRIT OF SCHOOL

Within these walls of brick and stone,
We learn, we laugh, we grow alone.
Each lesson taught, each dream pursued,
A spark of wisdom, a hopeful mood .
The classrooms hum with lively cheer,
A world of knowledge, ever near.
Friendships blossom, bonds so true,
In corridors filled with life's first hue.
The morning bell, the evening song,
Moments fleeting, yet lifelong.
Our school, a garden, where seeds are sown,
To bloom in fields we've yet to own.
So here's a tribute, loud and clear,
To the memories we hold dear.
For in our hearts, we'll always find,
The school days cherished, etched in mind.

Nikhil Agrawal
XII-A



भारतीय कामकाजी महिलाएँ : चुनौतियाँ और समाधान

वर्तमान युग में महिला सशक्तिकरण की लहर प्रत्येक क्षेत्र में महसूस की जा रही है। महिलाएँ न केवल शिक्षा और समय को समझ रही हैं, बल्कि उन्हें अपनी क्षमताओं को समर्थ रूप से उपयोग करने का ज्ञान भी है। आज के बदलते परिवेश में महिलाएँ हर क्षेत्र में अपना परचम लहरा रही हैं। शिक्षा संस्थानों से लेकर व्यवसायिक संस्थानों अस्पतालों बैंको साहित्य, विज्ञान, प्रशासनिक सेवा, अंतरिक्ष कला सभी क्षेत्रों में कामकाजी महिला की सक्रिय भूमिका है।

‘नारी’ या ‘जननी’ अपने आप में सम्पूर्ण है, क्योंकि वह सृजन पालन पोषण और परिवर्तन की क्षमता को समाहित करती है। उनकी भागीदारी के बिना इस सृष्टि का जीवित रहना असम्भव है। भारतीय संस्कृति में नारी को सदैव शक्ति का प्रतीक माना गया है।

क्या कहती हो ठहरो नारी! संकल्प अश्रु जल से अपने।

तुम दान कर चुकी पहले ही जीवन के सोने-से सपने॥

एक आदर्श महिला अपने परिवार के भरण-पोषण हेतु अपने सपने और अपना सम्पूर्ण जीवन दाँव पर लगाने के लिए सदैव तत्पर रहती है।

वैदिककाल से ही नारी को आदिशक्ति के रूप में जाना और माना जाता रहा है। भारतीय महिलाओं को न केवल गृहिणी के रूप में, बल्कि विदुषी के रूप में भी सम्मान दिया जाता रहा है, लेकिन मध्ययुग में राजनीतिक परिवेश में परिवर्तन के साथ-साथ सामाजिक परिवेश में भी परिवर्तन के संकेत मिले, जिसका प्रभाव महिलाओं की स्थिति पर पड़ा। वहीं स्त्री राजदरबार की शोभा और कुलीनों के मनोरंजन का साधन बनती गई, परन्तु धीरे-धीरे स्थितियाँ और परिस्थितियाँ फिर से परिवर्तित होने लगी है नारी, जो पुरुष समाज की शोभा और खिलौना थी, संकीर्णता और बन्धन की बेड़ियाँ तोड़ने के लिए संघर्षशील बनकर उठ खड़ी हुई है।

‘कामकाजी’ शब्द का अर्थ महिलाओं को आजादी के बाद से ही मिलना प्रारम्भ हुआ, जिससे महिलाओं के कार्यों का गृहिणी और कामकाजी के रूप में विभाजन हुआ और यहीं से महिलाओं को दोहरी जिम्मेदारी उठाने का संघर्ष प्रारम्भ हुआ।

आँसू से भीगे अंचल पर मन का सब कुछ रखना होगा।

तुमको अपनी स्मित रेखा से यह संधिपत्र लिखना होगा ॥

कामकाजी महिलाओं के लिए सबसे बड़ी चुनौती काम और परिवार के संतुलन को बनाए रखना है। कामकाजी महिलाओं को अकेले ही घर की जिम्मेदारियों का सामना करना पड़ता है। उन्हें घरेलू काम काज संभालना पड़ता है और साथ ही पेशेवर काम भी करना पड़ता है। पारिवारिक सहयोग और सबल के बिना वे अपने काम को संभालने में कठिनाई महसूस करती हैं।

भारतीय महिलाओं के लिए समाज में समानता की प्राप्ति अभी भी लक्ष्य है। उन्हें अपने करियर में आगे बढ़ने के लिए अधिक अवसरों और समर्थन की आवश्यकता है। कामकाजी महिलाओं को समर्थन, सुरक्षा और सम्मान की हकदारी सुनिश्चित करने के लिए समाज को मिलकर कार्य करना चाहिए। उन्हें अपने सपनों को आगे बढ़ाने के लिए समर्थन और प्रोत्साहन की आवश्यकता है।

हमारे विचार से भारतीय कामकाजी महिलाओं की समस्याओं के समाधान के लिए सामाजिक, कानूनी और राजनीतिक स्तर पर विशेष ध्यान देने की आवश्यकता है। उनकी समानता और बराबरी के लिए समाज में अपनी सोच और धारणा को बदलने की आवश्यकता है। इससे न केवल महिलाओं का सम्मान बढ़ेगा, बल्कि समाज का विकास भी होगा।

SPORTS DAY



Sports day was celebrated with enthusiasm and commitment. Participants belonging to each house exhibited their teamwork before the delighted spectators.





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ST. THERESE'S SCHOOL PADRAUNA

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EDITORIAL BOARD

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